

Amy D Breaking Barriers CX

October 22 & 23, 2022

USAC Permit # 5975

Race Director: Lee Waldman

Where: Lookout Mtn. Youth Services Center. 2901 Ford Street, Golden, Colorado. Just South of the roundabout at Johnson Rd. and South Golden Rd. **To get to the race course:** As you enter the main drive for the facility, you'll see a dirt road on the left immediately before the entrance gate. Follow the dirt road required to race parking. There is **NO PARKING** on the asphalt. Please honor this so we can keep using this facility.

Licenses: All riders must present an annual or 1-day USAC license. USAC annuals available at usacycling.org. USAC 1-Day for Novice riders (Cat 5 and Novice Women), \$10, need to be purchased online at BikeReg when registering. Neither will be sold at race site. All other categories may purchase a 1-Day for \$25.00 using the link on the USAC race calendar. All Colorado annual licensees need to have a Colorado Cycling membership. A Colorado Cycling annual membership is needed to receive CX Cup points. Colorado Cycling annuals are available at coloradocycling.org. A Colorado Cycling 1-day (\$5) is available at race site and on BikeReg when you register. Registration Link: <https://www.bikereg.com/amy-d-breaking-barriers-cx>

Pre-Registration will close at 11:59 pm on Thursday Oct. 20. **Sr. entry fee:** \$38.00 per single day, \$65.00 if you pre-register for both days. **Jr. entry fee:** \$16.00 per single day, \$25.00 if you pre-register for both days.:

Call ups will be based on USA Cycling rankings.

Course Preview: Use the bypass lane by the finish line!!! Riders are only allowed on the course when the GREEN FLAG is up.

More important stuff:

- ***This is a series event with an overall prize list for both days of racing***
- ***Point distribution: 15, 13, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1***
- ***We will award prizes for combined points for both days of racing***
- ***Schedule: the same schedule for both days of racing.***
- ***A portion of each entry fee will be donated to the Amy D Foundation***
- ***The Courses: We guarantee a new and different course each day of racing. Field limits: 100 riders per wave***



| Category | Start Time | Distance | Podium / Series prize list | Entry Fee Pre reg | Race day reg |
|----------------------------------|-------------|----------|----------------------------|-------------------|--------------|
| Sr. Wm. 3 | 8:15 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Sr. Wm. 4 | 8:15:30 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Sr. Wm. 50+ | 8:16 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Sr. Wm. 5 | 8:16:30 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 4 | 9:05 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 5 | 9:05:30 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Single Speed 4 & 5 | 9:06 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 40+ Cat 4&5 | 9:55 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 50+ Cat 4&5 | 9:55:30 am | 40 min. | 3 deep / merch | \$38 | \$44 |
| Men 3 | 10:45 am | 40 min. | 3 deep / merch | \$38 | \$44 |
| Men 40+ 3 | 10:45:30 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 50+ 3 | 10:46 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 50+ | 11:35 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Men 60+ | 11:35:30 am | 40 min | 3 deep / merch | \$38 | \$44 |
| Lunch and course inspection | 12:25 pm | | | | |
| Juniors 8 & under | 12:40 pm | 15 min | | free | free |
| Wm Open | 12:55 pm | 40 min | 5 deep cash | \$38 | \$44 |
| Wm 40+ | 12:55:30 pm | 40 min | 3 deep / merch | \$38 | \$44 |
| Wm Single Speed | 12:56 pm | 40 min | 3 deep / merch | \$38 | \$44 |
| Men Open | 1:45 pm | 50 min. | 5 deep cash | \$38 | \$44 |
| Men 40+ | 1:45:30 pm | 50 min | 3 deep / merch | \$38 | \$44 |
| Single Speed Men | 1:46 pm | 50 min | 3 deep / merch | \$38 | \$44 |
| Jr. Men 15 – 16 / 17 - 18 | 2:45 pm | 30 min | 3 deep / medals | \$16 | \$20 |
| Jr. Wm 15 – 16 / 1 - 18 | 2:45:30 pm | 30 min | 3 deep / medals | \$16 | \$20 |
| Jr. Men 13 - 14 | 2:46 pm | 30 min | 3 deep / medals | \$16 | \$20 |
| Jr. Wm 13 - 14 | 2:46:30pm | 30 min | 3 deep / medals | \$16 | \$20 |
| Jr. Men 11 – 12 / Jr. Wm 11 - 12 | 3:25 pm | 20 min | 3 deep / medals | \$16 | \$20 |
| Jr. Men 9 – 10 / Jr. Wm 9 - 10 | 3:25:30 pm | 20 min | 3 deep / medals | \$16 | \$20 |

All categories listed in red are not Cup categories

Amy Alison Dombroski passed tragically at age 26 while training abroad in Belgium. She was a versatile cyclist with U23 National Championship titles in road, mountain, and cyclocross. Still early in her career, she was considered by many in the sport to be a rising talent and serious contender at world-class cycling events. In her short but full life, Amy touched the hearts of communities in the United States and Europe. Amy had a passion for life that transcended the sport of cycling; she loved to share this passion with the friends and family that surrounded her. She also had an uncanny ability to transform challenges she faced in her own life into intense positive focus. The tattoo of a lightning bolt that Amy bore on her wrist served as a remembrance of her mother's tragic death, and provided her a daily source of motivation.



Photo Credit: Eric Goodwin Photo Credit: Juan Plowy



