



FrostBite Time Trial (Summer)

Presented by: Team Rio Grande , Phoenix Cyclery-Orbea
Sunday, June 6, 2021
Chief Ref: Tim Madden
Held under USAC Permit #2021-3609
USA Cycling Racing Rules Apply



COVID Protocols will be in place. See next page!

Location: North of Fort Collins at the Buckeye Exit off Interstate 25
Follow I-25 to exit 288. Follow the signs to parking. No parking on course.

Entry: USAC = \$30.00 + \$3.20 on-line fee.

No mail in registration – must register on-line – <https://www.bikereg.com>

On-line registration closes Thursday, June 3, 11:59 PM MST. No Refunds.

USA Cycling License and BRAC membership required. No annual licenses/memberships sold on race day.
Purchase at: <http://www.usacycling.org/> and <http://www.coloradocycling.org/>
USAC 1-Day Beginner license (Cat 5 men, women): \$10. Purchase when registering for race.

BRAC annual membership recommended to avoid \$5 1-day membership fee. BRAC 1-day membership \$5, available on site or at BikeReg when registering. (BRAC 1-day exempt with USAC 1-day or out of state USAC license holders) BRAC annual membership is required to obtain points for CUP competitions.



Course: An out and back approximately 11.4 miles distance over mostly flat terrain with some rolling hills. The course is on the East service road between exits 288 and 281.

NO Race Day Registration! Number pick-up opens at 7:00 AM. You must pick up number 30 minutes before your start. First rider is off at 8:00 AM. Riders leave at 30 second intervals according to category. Road is open to traffic – stay right.

Start times will be posted at <http://www.coloradocycling.org/> by

Prizes: USAC only to top three places in each category as shown below – divided by “/”



Special Individual TT Rule: Riders may race in the category they are eligible for or higher

Prizes will be mailed. Final results posted on <http://www.coloradocycling.org/> and <http://www.usacycling.org/>

Additional Information: E-mail to – wboyles@comcast.net
Phone - 970.204-9984

* Non CUP Events **Bold = CUP** Web- <http://www.coloradocycling.org/>, <http://www.usacycling.org/>

Categories	ENTRY FEE
Men 9-10 / 11-12 / 13-14 / 15-16 / 17-18	\$10.00
Women 9-10 / 11-12 / 13-14 / 15-16 / 17-18	\$10.00
<i>(GEAR RESTRICTIONS apply to all juniors (9-18). USAC Rule 114a, BIKE RESTRICTIONS apply to juniors 14 and under. USAC Rule 115)</i>	
Men Pro-1-2 / 2* / 3 / 4 / Beginner 5*	\$30.00
Women Pro-1-2 / 2* / 3 / 4 / Beginner 5*	\$30.00
Men 40+1-2-3 / 40+3 / 40+4 / 50+1-2-3 / 50+4 / 55+* / 60+ / 65+* / 70+ / 75+* / 80+*	\$30.00
Women 40+ / 45+* / 50+ / 55+* / 60+ / 65+* / 70+* / 75+* / 80+*	\$30.00
Eddy Merx* A / B	\$30.00
Tandems*	\$20.00
Handcycles Men/Women	\$30.00



(*A* is fast, *B* is kind of fast) – Non Aero
(\$20.00 each person – register for “captain” and “stokers”)

COVID Requirements

BRAC COVID-19 Mitigation Plan and Race Manual Operations Plan can be found on this link:
https://www.coloradocycling.org/sites/default/files/2020/08/brac_race_operations_manual.pdf

Plan Summary for TT

1. Masks must be worn at all times, including warm-up, at the start line, and during warm down.
2. Masks may be removed while racing.
3. There will be no food or water available at the course. Bring your own and eat in your car.
4. Social Distance. Stay 6 feet apart and/or use a space of 28 square feet for yourself.
5. All riders will be screened for temperature and asked about recent health.
6. Race number pick-up will be one way flow and riders will be directed from station to station by course marshals and signage. Maintain a 6-foot distance between yourself and others.
7. Riders will sign in and provide contact tracing information.
8. Course marshals will assist with parking safely.
9. On line registration only!
10. Sanitation stations will be placed throughout the area. One way flow through the area must be maintained. Follow signage.
11. There will be no post event activities and riders must leave after racing, per COVID requirements.
12. Porta-lets will be spaced 6 feet apart and there will be sanitation stations before and after porta-let use.
13. Start times and race results will be posted at <http://www.coloradocycling.org/>. Prizes will be mailed to the top three in each category.

Racer Approximate Start Times (May be adjusted)

SMP 1-2 8:00 am
SM 2

JM/JW 8:15

Five-minute covid break

SW 3,4,5 8:20
SWP 1-2
MW 40+

Five-minute covid break

Handcycles M/W Trikes 8:45

Five-minute covid break

MW 45+, 50+, 55+, 60+, 65+ 8:55
70+, 75+, 80+

Five-minute covid break

SM 4,5	9:20
Five-minute covid break	
SM 3	9:45
Five-minute covid break	
MM 40+ 1,2,3	10:00
MM 3	
Five-minute covid break	
MM 40+ 4	10:20
MM 45+	
Five-minute covid break	
MM 50+ 1,2,3	10:30
MM 50+ 4	
MM 55+	
Five-minute covid break	
MM 60+	11:00
Five-minute covid break	
Eddy M/W A and B groups	11:45
Five-minute covid break	
MM 65+, 70+, 75+	12:00
80+	

COVID Restrictions require that riders leave the race course as soon as possible after warm down.
If requirements change we will notify you.

